

The Parish Church of St Barnabas, Swanmore



**St Barnabas, Swanmore – Making Christ known in our community
through care for all, welcoming hospitality and worship for all ages**

1st August 2021

9th Sunday after Trinity

Welcome to St Barnabas.....

If you would like more information about our church please speak to one of the many people helping out today.

Information can also be found on our website: www.stbarnabas.org.uk.

Please do join us for tea or coffee after the service

Gluten free wafers are available. Please speak to the sides people if you would like one

Hymn 427 Praise, to the Lord, the Almighty, the King of Creation

**Praise to the Lord, the Almighty, the King of creation;
O my soul, praise him, for he is thy health and salvation:
all ye who hear,
now to his temple draw near,
joining in glad adoration.**

**Praise to the Lord, who o'er all things so wondrously reigneth,
shieldeth thee gently from harm, or when fainting sustaineth:
hast thou not seen
how thy heart's wishes have been
granted in what he ordaineth?**

**Praise to the Lord, who doth prosper thy work and defend thee;
surely his goodness and mercy shall daily attend thee:
ponder anew
what the Almighty can do,
if to the end he befriend thee.**

**Praise to the Lord! O let all that is in me adore him!
All that hath life and breath, come now with praises before him!
Let the Amen
sound from his people again:
gladly for ay we adore him!**

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Collect

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your grace,
that we may bring forth the fruit of the Spirit
in love and joy and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

1st READING Exodus 16.2-4, 9-15

A reading from the book of Exodus

²The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

4 Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

9 Then Moses said to Aaron, ‘Say to the whole congregation of the Israelites, “Draw near to the Lord, for he has heard your complaining.”’¹⁰ And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. ¹¹The Lord spoke to Moses and said, ¹²‘I have heard the complaining of the Israelites; say to them, “At twilight you shall eat meat, and in the morning, you shall have your fill of bread; then you shall know that I am the Lord your God.”’

13 In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵When the Israelites saw it, they said to one another, ‘What is it?’ For they did not know what it was. Moses said to them, ‘It is the bread that the Lord has given you to eat.

This is the word of the Lord

Thanks be to God

2nd READING Ephesians 4.1-16

A reading from the letter of Paul to the Ephesians

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through all and in all.

7 But each of us was given grace according to the measure of Christ’s gift. ⁸Therefore it is said, ‘When he ascended on high he made captivity itself a captive; he gave gifts to his people.’

⁹(When it says, ‘He ascended’, what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is

the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

This is the word of the Lord

Thanks be to God

Hymn

Jesus is Lord

Jesus is Lord!

Creation's voice proclaims it

For by His power each tree and flower

Was planned and made

Jesus is Lord!

The universe declares it

Sun, moon and stars in heaven

Cry, 'Jesus is Lord!'

Chorus

Jesus is Lord!

Jesus is Lord!

Praise Him with hallelujahs

For Jesus is Lord!

**Jesus is Lord!
Yet from His throne eternal
In flesh He came to die in pain
On Calvary's tree
Jesus is Lord!
From Him all life proceeding
Yet gave His life a ransom
Thus setting us free *Chorus***

**Jesus is Lord!
O'er sin the mighty conqueror
From death He rose, and all His foes
Shall own His name
Jesus is Lord!
God sent His Holy Spirit
To show by works of power
That Jesus is Lord! *Chorus***

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GOSPEL READING John 6.24-35

Hear the Gospel of our Lord Jesus Christ according to John
Glory to you, O Lord

²⁴So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.²⁵ When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' ²⁶Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' ²⁸Then they said to him, 'What must we do to perform the works of God?' ²⁹Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.'

³⁰So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing?' ³¹Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." ' ³²Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which comes down from heaven and gives life to the world.' ³⁴They said to him, 'Sir, give us this bread always.' ³⁵ Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

This is the Gospel of the Lord
Praise to you, O Christ

Hymn Praise and Thanksgiving (T: Morning has broken)

**Praise and thanksgiving
Father we offer
For all things living
You have made good
Harvest of sown fields
Fruits of the orchard
Hay from the mown fields
Blossom and wood**

**Lord bless the labour
We bring to serve You
That with our neighbour
We may be fed
Sowing or tilling
We would work with You
Harvesting milling
For daily bread**

**Father providing
Food for Your children
Your wisdom guiding
Teaches us share
One with another
So that rejoicing
Sister and brother
May know Your care**

**Then will Your blessing
Reach every people
Each one confessing
Your gracious hand
When You are reigning
No one will hunger
Your love sustaining
Fruitful the land**

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Post Communion Prayer

Holy Father,
who gathered us here around the table of your Son
to share this meal with the whole household of God:
in that new world where you reveal the fullness of your peace,
gather people of every race and language to share in the eternal
banquet of Jesus Christ our Lord. **Amen**

Hymn: 311

Lord Jesus Christ

**Lord Jesus Christ
You have come to us
You are one with us,
Mary's Son.
Cleansing our souls from all their sin.
Pouring Your love and goodness in.
Jesus our love for you we sing,
Living Lord.**

**Lord Jesus Christ
Now and every day
Teach us how to pray,
Son of God.
You have commanded us to do
This in remembrance Lord of you
Into our lives your power breaks through,
Living Lord.**

**Lord Jesus Christ
You have come to us
Born as one with us,
Mary's Son.
Led out to die on Calvary,
Risen from death to set us free,
Living Lord Jesus help us see
You are Lord.**

**Lord Jesus Christ
I would come to you
Live my life for you,
Son of God.
All your commands I know are true,
Your many gifts will make me new,
Into my life your power breaks through,
Living Lord.**

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